



#HDuxDailyWrites Prompts

- A conversation with your body (what kind of character would your body be? What would they be trying to tell you?)
- Write something in the voice of your favorite season. (What is its personality? What are its secrets?)
- Write something in the voice of your LEAST favorite season.
- Write something structured as a recipe.
- Write something to the weather today.
- Write about a thing, place or person who makes you feel peace.
- Write about warmth.
- Write a piece in the form of a spell.
- Write something using your sense of touch as the central descriptors.





- Write about your favorite smell and where it takes you.
- Write about the journey of your feet in a day.
- Write about a rose: the last of the season, well past the time the rest are dying off, surviving in the cold despite the frost and snow and fading light.
- Describe luck.
- Write a letter to your past self.
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- Describe luck.
- Write a letter to your past self.

This was a series of prompts created in November of 2022 and shared on Instagram! If you find them useful and share your creations, please tag me with [#HDuxburyDailyWrites](#) or [@HDuxburyPoetry](#).
Happy Writing!

